

Initial Assessment and Referral Decision Support Tool

Prompts for Domain enquiry:

Domain 1

Symptom severity and distress

- Reason for call/ appointment
- Current symptoms
- Duration of current episode

Domain 2

Harm

- Suicide
- Thoughts (intensity, frequency, how they are managed)
- Plans (access to means)
- Intent
- History
- Protective factors
- Safety plan

Domain 3

Functioning

- Sleep
- Appetite
- ADLs
- Managing finances
- Daytime activities/ hobbies
- Work/ study
- Relationships
- Caring responsibilities

Domain 4

Impact of co-existing conditions

- Substance use
- Current use
- Duration
- Amount
- History
- Administration
- Intellectual or cognitive impairment

Domain 5

Treatment and Recovery history

- Diagnosis
- Medication (current and previous)
- Previous treatment
- Public/private engagement
- Current professionals involved

Domain 6

Social and environmental stressors

- Consumers perceived stressors
- Housing
- Employment
- Risk to reputation
- Trauma
- Legal
- Finances
- Gender/sexuality
- other

Domain 7

Family and other support

- Family
- Friends
- Community

Domain 8

Engagement and motivation

- Motivation
- Insight
- Barriers to access
- Financial capacity
- Engagement with services

Learn more about the IAR-DST



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